

Managing Escalating Behavior: *A course for parents*

NEW!

PMT Associates, in association with the Department of Developmental Services, is offering a course for parents called ***Managing Escalating Behavior***. This course has been developed through years of experience and with input from parents, professionals, psychologists and other behavior specialists.

Course Topics (see attached description for details):

1. Prevention Strategies
2. De-escalation Techniques
3. Verbal Diffusion
4. Personal Safety
5. Escorts & Physical Assists

While the topic is a serious one, the course will be a lot of fun. Everyone is sure to leave the course with new insights about themselves and how to handle those truly difficult, sometimes embarrassing, behavioral situations.



Location: Courtland Wilson Library, New Haven

Dates: October 14 and 21, 2014

Times: 5:45pm – 7:45pm
(Sign-in begins at 5:30pm)

Fee: There is no fee for this training

Special Notice:

- Pre-registration is required. Seating is limited to the first 30 people who pre-register. (registration form attached)
- Classes will start and end on time. Latecomers may not be allowed to enter classes once in session.

This course is for adults only. Children will not be allowed to attend.

Program Outline

Managing Escalating Behavior: *A course for parents*

Part 1

Prevention Strategies: This module will concentrate on pro-active strategies parents can take to manage problematic behaviors before they have a chance to escalate.

Part 2

De-escalation Techniques: De-escalation concepts will be taught from the ideal of what can we, the parent, do differently to de-escalate ourselves and thus, help our children to deescalate themselves.

Part 3

Verbal Diffusion: Topics discussed during this module will enable parents to be more aware of how their choice of language can either escalate or de-escalate a difficult/challenging situation.

Part 4

Personal Safety: Participants will learn basic personal safety strategies to help increase parent self-confidence when confronted with the physically aggressive child or adult.

Part 5

Escorts and Physical assists: This segment will build on the previous four Modules and will attempt to answer the "What if" questions many parents have about hands-on interventions. That is, "What if my child is so physically aggressive that I need to protect them from harming themselves or others?"
Note: ***The course will not teach physical floor controls, restraints or takedown techniques.***

Courtland Seymour Wilson Branch Library is located at 303 Washington Avenue in New Haven. Parking is available behind the library off Daggett Street.

Pre-registration Form

Managing Escalating Behavior: *a course for families*

October 14 and 21, 2014
Courtland Wilson Library
303 Washington Avenue
New Haven CT 06519

Pre-registration is required and is limited to the first 30 participants. You will receive a confirmation.

Please complete this form, then mail or fax it as soon as possible to:

attn: John Tierney
DDS
61 Woodland Street
Hartford CT 06105
Fax: 860.622.2744
email: john.tierney@ct.gov

Please print clearly:

Name (1st person) _____

Name (2nd person) _____
(optional)

Address _____

City _____ State _____ Zip _____

Telephone _____

email _____

age of your child or family member who has challenging behaviors _____